

# Access 2007 Bible Pdf Free 12

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bakersfield Senior Center Events Calendar</b> When you CHANGE the way you look at things, the things you look at CHANGE... <h2 style="margin: 0;">AUGUST 2018</h2>				
~~~Weekly Activities (Except Holidays)~~~ Senior Bingo (W/prizes) ~~~ Every Tuesday @10:00am Game Time~~~ Every 1 <sup>st</sup> Friday & 3 <sup>rd</sup> Thursday @ 9:30am Chair Exercise Class~~~Every Tuesday & Thursday @ 1:00pm Tai Chi Class~~~Every Wednesday @ 9am & 1:30pm Cardio Exercise Class~~~Every Monday & Tuesday @ 9am Thursday @2:00pm Special Bingo ~~~ Every 1 <sup>st</sup> Thursday @ 10:00am Please Visit BSC Website <a href="http://bakersfieldseniorcenter.org">bakersfieldseniorcenter.org</a>				
		1	2	3
		Bible Study 10am	Special Bingo 10am Executive Board Meeting 11:30am Chair Exercise 1pm Cardio 2pm	Game Time 9:30am Fun Day Cake Walk 11:00am
6	7	8	9	10
Cardio 9am Step Exercise 10am <b>Health &amp; Wellness 11-11:30am</b> Diabetes Class 12:30pm-2:30pm	Cardio 9am Bingo 10am~Sponsored by Health Net Chair Exercise 1pm	Tai Chi 9am Bible Study 10am <b>KCFD Fire Safety 11:30am-12noon</b> Tai Chi Intermediate 1:30pm	<b>BOD Board Meeting 10am</b> <b>Big River Band 11am</b> Chair Exercise 1pm Cardio 2pm	Arts & Craft Workshop 10am - 11am Senior Sack 10am-12pm
13	14	15	16	17
Cardio 9am Step Exercise 10am <b>Oak Manor Care Center Presentation 11:00am</b> Diabetes Class Cancelled	Cardio 9am Bingo 10am~ <b>Anthem Blue Cross Bakersfield Community Presentation 11:15am</b> Chair Exercise 1pm	<b>Happy Celebrations</b> <b>Celebration BSC Members</b> Tai Chi 9am Bible Study 10am Tai Chi Intermediate 1:30pm	Game Time 9:30am Chair Exercise 1pm Cardio 2pm	Men With A Purpose 9:00am Yoga - Diabetes 10:30 - 11:30am
20	21	22	23	24
Cardio 9am Step Exercise 10am Diabetes Class 12:30pm-2:30pm Dining Hall	Cardio 9am Bingo 10am Chair Exercise 1pm	Tai Chi 9:00am Bible Study 10am <b>Guest Speaker/Pastor Sherrell 11:00am</b> Caribbean Dance 11:30am - 12 noon Tai Chi Intermediate 1:30pm	Chair Exercise 1pm Cardio 2pm	Yoga - Diabetes 10:30 - 11:30am Senior Sack 10am-12pm
27	28	29	30	31
Cardio 9am Step Exercise 10am <b>Nutrition Health Awareness 11-11:30am</b> Diabetes Class 12:30pm-2:30pm Dining Hall	Cardio 9am Bingo 10am <b>Aging &amp; Adult Services Marilee/HICAP Counselor 11:30am -12:15pm</b> Chair Exercise 1pm	Tai Chi 9am Bible Study 10am Tai Chi Intermediate 1:30pm	Chair Exercise 1pm Cardio 2pm	Yoga - Diabetes 10:30 - 11:30am

*Bulletin & Activities*

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**ATTENTION**  
**ALL BSC NON-MEMBERS**  
**ALL ACTIVITIES (Except Step**  
**Exercise Classes) \$1.00 Fee**  
**ALL BSC MEMBERS ~ FREE**  
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**Access to Better Healthcare & Prevention (Diabetes Classes)**  
 Sign up in the Front Office  
 or call 325-1113 for September 17<sup>th</sup> Classes  
 September 17<sup>th</sup>, & 24<sup>th</sup>, 2018  
 October 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, & 22<sup>nd</sup>, 2018  
**LIMITED SEATING**  
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KCFD "Fire Safety"  
**Wednesday, August 8<sup>th</sup>, 2018**  
**11:30am - 12:00 pm**  
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**Oak Manor Care Center Presentation**  
**Brianna**  
**Monday, August 13<sup>th</sup>, 2018**  
**11:00am**  
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**Bakersfield Community Health Care Presentation**  
**Yolonda**  
**Tuesday, August 14<sup>th</sup>, 2018**  
**11:15am**  
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**MEET AND GREET**  
**Pastor Geoffrey Sherrill**  
**(TriStone MB Church)**  
**Wednesday, August 22<sup>nd</sup>, 2018**  
**11:00am**  
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**Aging & Adult Services**  
**HICAP Counselor**  
**Marilee McVey**  
**Tuesday, August 28<sup>th</sup>, 2018**  
**11:30am-12:15pm**  
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**EVERYONE BE BLESSED!!!**  
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